



WATER • BALINESE PALM WINE 'TUAK'

Tucked away in the neighboring village of Ubud, across the verdant rice paddy fields, discover 'Tuak' the Balinese palm wine-produced inflorescences. This un-distilled local drink contains 8%-10% alcohol and it is believed by the native that it has many health benefits expediting the digestive system. It is also used for religious ceremonies within the Balinese daily lives.

- ✔ Balinese palm wine, discover Balinese people obtain the fermentation from the palm tree

- 📍 Permaculture
- 🕒 Monday 4.00pm - 5.30pm

EARTH • SUBAK SIGNIFICANCE

Discover Subak which plays an essential role in Balinese rice farming. This irrigation system was developed in the ninth century and recognized as a UNESCO World Heritage since 2012. Take delight in the beautiful landscape, while beneath the surface of mother nature, earth life flourishes by the virtue of Subak's vibrant magnificence.

- ✔ Walk amid the paddy fields, and explore "SUBAK" water irrigation

- 📍 Permaculture
- 🕒 Tuesday 10.00am - 11.30am



FIRE • COFFEE ROASTING

Witness the richness of the island's volcanic soils where the berries of its finest coffee are cultivated in the serene land of Bali. Learn how Balinese locals roast the coffee bean prior to brewing and tasting the aromatic flavor of a cup of Balinese coffee whilst embracing fascinating scenery of Bali's mesmerizing backdrop.

- ✔ The traditional way to roast the Balinese coffee bean

- 📍 Permaculture
- 🕒 Wednesday 3.30pm - 5.30pm

SPACE • UMAH AT TANGGAYUDA

Immerse in the way of living of the Balinese people. A leisure stroll to the neighboring village 'banjar' of Tanggayuda. Let yourself be welcomed in an Umah (local house) and discover the rites and traditions that give rhythm to the life of Balinese families. Embrace the uniqueness of how Balinese families awaken the harmonious and dynamic way of life between God, humans and their respectful environment.

- ✔ Visit local house of Tanggayuda village and explore their social life

- 📍 Permaculture
- 🕒 Thursday 10.30am - 11.30am



AIR • BALINESE TEMPLE EXPERIENCE

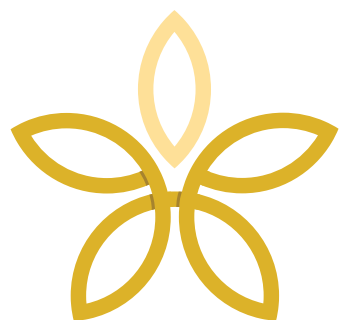
Nestled in the secluded area of Banjar Tanggayuda, Kappa Senses Ubud continues combining cultural elements to experience during the island getaway. Participate in the abundant ways of manifesting gratitude by partaking in Balinese sacred ritual, contribute to the preservation of the temple and curate distinctive spiritual journey to make a meaningful experience.

- ✔ Dress up Balinese attire, thereafter pray and manifest blessings

- 📍 Permaculture
- 🕒 Saturday 10.30am - 11.30am



WATER



KAPPA SENSES
— BALI . UBUD —

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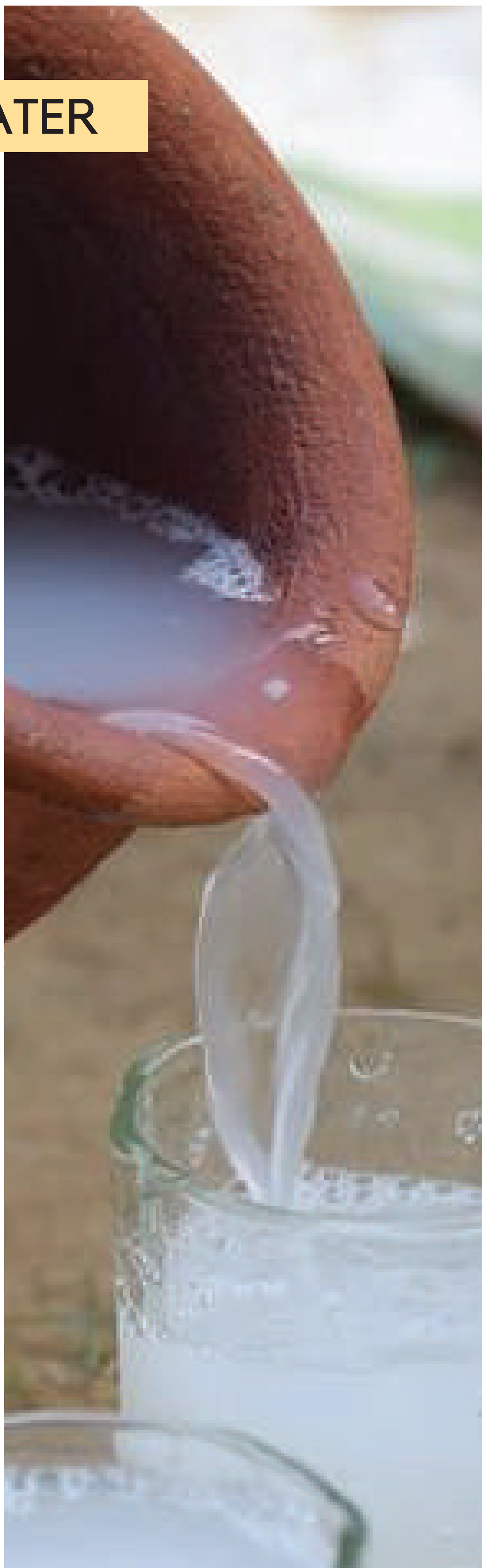
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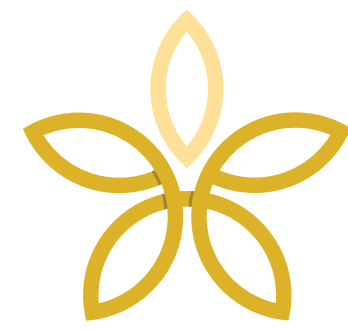
Permaculture



Monday 4.00pm - 5.30pm



EARTH



KAPPA SENSES

— BALI . UBUD —

SUBAK SIGNIFICANCE

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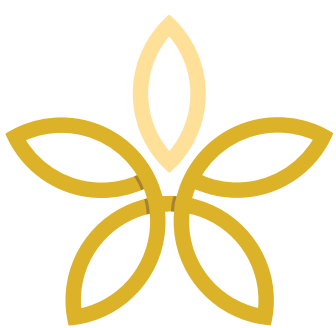
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FIRE

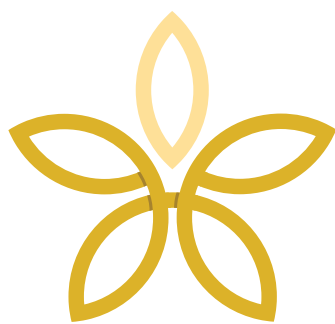
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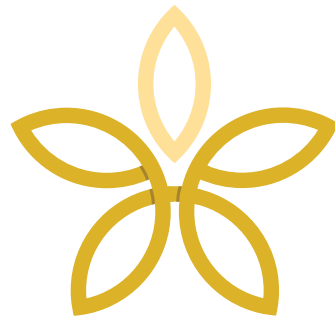
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